**Bodywise Studio Covid Policy – Sept 21**

**(Based on Gov.uk guidance dated Sept 21 – businesses and Venues, Sports Facilities and Close Contact work.)**

**Communal Areas (Foyer and Toilets)**

The code for the front door **must not** be shared with clients and the door **must** be kept locked at all times. As an exception, the door can be left unlocked for 15 minutes before the start of a group class.

Clients who have, or suspect they may, have Covid **must not** be allowed to enter Bodywise.

Staff are encouraged to wear a face covering and to maintain social distance from staff and other clients while moving around the venue.

Staff are asked to encourage clients to wear a face covering and to maintain social distance from staff and other clients while moving around the venue.

Hand sanitiser is available in the foyer for staff and clients to use.

There is an NHS test and trace QR code displayed in every room for clients and staff to use.

Staff should clean touch points before the arrival of their clients and after all their clients have left.

**Main Studio**

The ventilation system **must be on and set at maximum** for the duration of the class.

The ventilation system is adequate to keep CO2 levels (and therefore the risk of virus transmission) low enough when there are a maximum of 8 people in the room. **Class size is therefore restricted to 7 clients and 1 teacher.**

It is advised that the air filter is also turned on for the duration of the class.

The teacher **must make sure** that each client has access to a clean mat and clean equipment. Clients may bring their own mat and equipment.

The teacher **must make sure** that any Bodywise equipment is cleaned at the end of the class. Clients can be given this task.

Neither the teacher or clients should be wearing a face covering whist exercising and so the mat layout needs to maximise space between people.

The teacher **must do their own risk assessment** to inform how they organise and teach their classes.

**Small Studio**

The ventilation system **must be on and set at about 50%** for the duration of the teachers shift.

The floor area is adequate for **a maximum of 2 people in the room,** one teacher and one client. If there are two clients from the same household **2:1 sessions are possible**.

Work in this room almost certainly involves close contact work and so PPE is advised – a face covering and a visor or goggles.

The teacher **must make sure** that all the equipment is cleaned between clients and at the end of their shift.

Clients may bring their own mat and equipment.

The teacher **must do their own risk assessment** to inform how they organise and teach their sessions.

**Therapy Room**

The window **must be opened between clients** to air the room**.**

Work in this room almost certainly involves close contact work and so PPE is advised – a face covering and a visor or goggles for example.

The teacher **must make sure** that all the equipment and furniture is cleaned between clients and at the end of their shift.

The teacher **must do their own risk assessment** to inform how they organise and deliver their sessions.